

Places to Go & Things to Do for Physical Activity

Note: Following information is subject to change.

Adams County Activities

Magic Elm Skateland Roller Skating Rink

625 W Elm Ave.
Hanover, PA
(717) 632-1888

The Blast Roller Skating Rink

90 Grumbacher Road
York, PA
(717) 767-9177

Community Health Improvement Offers classes and have step-counters, strength bands, and in-home walking videos available for purchase.
(717) 337-4264

Physical Medicine & Rehab

Offers exercise classes and consultations. Call for schedule and additional information.
(717) 337-4206

York County Activities

York City Ice Arena

941 Vander Ave
York, PA
www.yorkskate.com
(717) 848-1084

Colony Park Bowling Lanes East

3905 E Market St.

York, PA

www.colonyparklaneseast.com

(717) 755-2946

Colony Park Bowling Lanes North

1900 Pennsylvania Avenue

York, PA

www.colonyparklanesnorth.com

(717) 848-6262

Ski Roundtop

925 Roundtop Road

Lewisberry, PA

<http://www.skiroundtop.com>

(717) 432-9631

Maize Quest Fun Park

251 East Maple Lawn Road

New Park, PA

www.mazefunpark.com

(866) 935-6738

Shank's Mare

2092 Long Level Road

Wrightsville, Pennsylvania 17368

shanksmare@comcast.net

(877) 554-5080

Adventure Camp, Day and evening programs, paddling tours, Susquehanna river field trips, hiking tours, Kayak rentals, Kayak instructions.